nilgiri's@home™

bharuchí garam masala



preparation time: 10 minutes

cooking time: no cooking

required

chilli rating: mild

difficulty level: easy



ingredients

1/4 cup freshly grated nutmeg

3 x 3-inch cinnamon sticks. broken into small pieces

1½ tbs whole green cardamom pods

2 tbs whole cloves

3 tsp black peppercorns

2½ tbs mace pieces

14 star anise

method

In a bowl combine all spices (without roasting). Place in an airtight container and store in the refrigerator for up to 6 months.

Just before using, grind all the spices to a powder in a spice grinder.

Ajoy's tips click 'Parsee food - a beautiful yatra' to read Ajoy's blog on the making of the Parsee dish bharuchi murghi (parsee coconut chilli chicken), to which this bharuchi garam masala is added.

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