

# SPRING MENU (inspired by the region of bengal)

# **ENTRÉE**

#### MACHER BHAPA (2 pcs)

steamed fresh fish of the day green onion chatni black mustard, turmeric & coconut marinade (gf, df)

20

#### DHAKAIYA SHUTA KABAB (2 pcs)

tandoor-cooked lamb | bhurani bengali garam masala & poppy seed crust (gf, can be df)

20

#### KABIRAJI CUTLET (2 pcs)

tandoor-smoked chicken breast | mint chatni ground garlic, peppercorn, cassia, clove & mustard oil marinade (gf, df)

18

# ENTRÉE | VEGETARIAN

#### TANDOORI CHANAR CHAAT (2 pcs)

house-made fresh paneer chaat spiced chickpeas, medley of chutneys & spiced vermicelli (gf)

#### KAANCHKOLAR BORA (2 pcs)

fried green banana slices green onion chatni nigella, fennel seed, & coriander-spiced batter (gf, df)

12

#### KORAISHUTIR SHINGARA (2 pcs)

spiced potato & green peas samosas | tamarind chutney





# **MAINS**

#### **MACHER JHOL**

baked fish of the day mustard oil, nigella, tomato & fresh ginger sauce (gf, df) 36

#### **CHINGRI MALAI**

steamed banana prawns coconut, chilli, ground cumin & coriander seed sauce (gf, df)
36

#### **MURGHIR REZALA**

bengali-style chicken korma almonds, yoghurt, saffron & rose water (gf)

34

#### **MURGHIR LAAL JHOL**

oven-cooked chicken thigh fillets tomato, garlic, red chillies & bengali garam masala (gf, df)

34

### LAMB DIYE PALONG SHAAK

slow-cooked diced leg of lamb panch phoran & spiced tempered spinach (gf)

36

#### **MANGSHER JHOL**

slow-cooked yearling goat bay leaves, cloves, cassia, chilli, turmeric & yoghurt (gf)

36

#### **MURGH MAKHANI**

butter chicken - the nilgiri's version (gf)

available on request!





# MAINS | VEGETARIAN

#### **CHANAR BHAPA**

house-made fresh paneer ground mustard seeds, green chilli, turmeric & yoghurt sauce (gf)

32

#### **SHUKTO**

bengali-style seasonal vegetable korma coconut, bay leaves, cassia & green cardamon *(gf, df)* 

28

#### **DOI BEGUN**

smoked eggplant
yoghurt sauce with panch phoran & fresh coriander (gf)

#### ALUR METHI DIYE KOFTA PALONG SHAAK

potato & fresh fenugreek kofta spiced tempered spinach (gf, df)

28

#### **CHOLAR DAL**

slow-cooked split chickpea lentils tempering of mustard, nigella & coriander seeds (gf, df)

25





# **SIDES**

#### **PAPPADUMS & DIPS**

raita, pickles & sweet mango mescut (gf)

14.5

# **BREADS & RICE**

#### LACHCHEDAAR PARATHA

layered bread

6

#### **METHI PARATHA**

layered wholemeal bread with dried fenugreek leaves

6.5

#### **PESHWARI NAAN**

naan with dry fruits, coconut & pistachio

8

## **CHILLI, GARLIC & CHEESE NAAN**

7.5

**CHEESE NAAN** 

6.5

**GARLIC NAAN** 

5.5

NAAN

5

**TANDOORI ROTI** 

5

#### **BENGALI PULAO RICE**

bengali spiced rice (gf, df)

6

STEAMED RICE (gf, df)

3.5





# **TASTING MENU 70 PP**

minimum order 2 guests

#### **PAPPADUMS & DIPS**

## **ENTRÉE**

#### **DHAKAIYA SHUTA KABAB**

tandoor-cooked lamb | bhurani bengali garam masala & poppy seed crust (gf, can be df)

#### **KABIRAJI CUTLET**

tandoor-smoked chicken breast | mint chatni ground garlic, peppercorn, cassia, clove & mustard oil marinade (gf, df)

#### **KORAISHUTIR SHINGARA**

spiced potato & green peas samosas | tamarind chutney

#### **MAINS**

#### **MURGHIR REZALA**

bengali-style chicken korma almonds, yoghurt, saffron & rose water (gf)

#### **MANGSHER JHOL**

slow-cooked yearling goat bay leaves, cloves, cassia, chilli, turmeric & yoghurt (gf)

#### **ALUR METHI DIYE KOFTA PALONG SHAAK**

potato & fresh fenugreek kofta spiced tempered spinach (gf, df)

#### **CHOLAR DAL**

slow-cooked split chickpea lentils tempering of mustard, nigella & coriander seeds (gf, df)





# TASTING MENU | TIFFIN 80 PP

minimum order 2 guests, available for the entire table only

#### **PAPPADUMS & DIPS**

#### **MACHER BHAPA**

steamed fresh fish of the day green onion chatni black mustard, turmeric & coconut marinade (gf, df)

#### **DHAKAIYA SHUTA KABAB**

tandoor-cooked lamb | bhurani bengali garam masala & poppy seed crust (gf, can be df)

#### **KABIRAJI CUTLET**

tandoor-smoked chicken breast | mint chatni ground garlic, peppercorn, cassia, clove & mustard oil marinade (gf, df)

#### **TANDOORI CHANAR CHAAT**

house-made fresh paneer chaat spiced chickpeas, medley of chutneys & spiced vermicelli (gf)

#### **KAANCHKOLAR BORA**

fried green banana slices green onion chatni nigella, fennel seed, & coriander-spiced batter (gf, df)

#### **KORAISHUTIR SHINGARA**

spiced potato & green peas samosas | tamarind chutney fresh ginger & garam masala | mango mescut (gf)

#### **MURGHIR LAAL JHOL**

oven-cooked chicken thigh fillets tomato, garlic, red chillies & bengali garam masala (gf, df)

#### **DOI BEGUN**

smoked eggplant | yoghurt sauce with panch phoran & fresh coriander (gf)





# TASTING MENU | VEGETARIAN 65 PP

minimum order 2 guests

#### **PAPPADUMS & DIPS**

# **ENTRÉE**

#### **TANDOORI CHANAR CHAAT**

house-made fresh paneer chaat spiced chickpeas, medley of chutneys & spiced vermicelli (gf)

#### **KAANCHKOLAR BORA**

fried green banana slices green onion chatni nigella, fennel seed, & coriander-spiced batter (gf, df)

#### **KORAISHUTIR SHINGARA**

spiced potato & green peas samosas | tamarind chutney

#### MAINS

#### **CHANAR BHAPA**

house-made fresh paneer ground mustard seeds, green chilli, turmeric & yoghurt sauce (gf)

#### **DOI BEGUN**

smoked eggplant
yoghurt sauce with panch phoran & fresh coriander (gf)

#### **ALUR METHI DIYE KOFTA PALONG SHAAK**

potato & fresh fenugreek kofta spiced tempered spinach (gf, df)

## **CHOLAR DAL**

slow-cooked split chickpea lentils tempering of mustard, nigella & coriander seeds (gf, df)





# TASTING MENU | PESCATARIAN 75 PP

minimum order 2 guests, available for the entire table only

#### **PAPPADUMS & DIPS**

# **ENTRÉE**

#### **MACHER BHAPA**

steamed fresh fish of the day green onion chatni black mustard, turmeric & coconut marinade (gf, df)

#### **TANDOORI CHANAR CHAAT**

house-made fresh paneer chaat spiced chickpeas, medley of chutneys & spiced vermicelli (gf)

#### **KORAISHUTIR SHINGARA**

spiced potato & green peas samosas | tamarind chutney

#### **MAINS**

#### **MACHER JHOL**

baked fish of the day mustard oil, nigella, tomato & fresh ginger sauce (gf, df)

#### **CHINGRI MALAI**

steamed banana prawns coconut, chilli, ground cumin & coriander seed sauce (gf, df)

#### **ALUR METHI DIYE KOFTA PALONG SHAAK**

potato & fresh fenugreek kofta spiced tempered spinach (gf, df)

## **CHOLAR DAL**

slow-cooked split chickpea lentils tempering of mustard, nigella & coriander seeds (gf, df)





# TASTING MENU | with SEAFOOD 80 PP

minimum order 2 guests, available for the entire table only

#### **PAPPADUMS & DIPS**

## **ENTRÉE**

#### **MACHER BHAPA**

steamed fresh fish of the day green onion chatni black mustard, turmeric & coconut marinade (gf, df)

#### **DHAKAIYA SHUTA KABAB**

tandoor-cooked lamb | bhurani bengali garam masala & poppy seed crust (gf, can be df)

#### **KABIRAJI CUTLET**

tandoor-smoked chicken breast | mint chatni ground garlic, peppercorn, cassia, clove & mustard oil marinade (gf, df)

#### **KORAISHUTIR SHINGARA**

spiced potato & green peas samosas | tamarind chutney

#### **MAINS**

#### **MACHER JHOL**

baked fish of the day mustard oil, nigella, tomato & fresh ginger sauce (gf, df)

#### **CHINGRI MALAI**

steamed banana prawns coconut, chilli, ground cumin & coriander seed sauce (gf, df)

#### **SHUKTO**

bengali-style seasonal vegetable korma coconut, bay leaves, cassia & green cardamon (gf, df)

#### **CHOLAR DAL**

slow-cooked split chickpea lentils tempering of mustard, nigella & coriander seeds (gf, df)





## **TIMINGS**







wednesday to saturday – 5:30pm to 9:30pm sunday – 5:30pm to 8:00pm

please allow a minimum of 30 minutes for all takeaway orders & a minimum of 60 minutes for all home deliveries

for information on catering and party orders, please call **meera joshi** at **0412 236 809** or email us at **bookings@nilgiris.com.au** 

#### **CLOSED ON MONDAYS, TUESDAYS & PUBLIC HOLIDAYS**

#### **FOOD INFO**

our food is certified halal. our chefs do not add msg to any of the dishes. most dishes on our menu cater to everyone, including children. so while our dishes are spiced, they are not always 'hot'. please do check with our waiters for child-friendly dishes.

#### FOOD ALLERGY STATEMENT

we can cater to most special dietary requirements, whilst still offering you a quality dining experience. for some of our dishes, vegan & gluten free options may be available; please ask your server.

we will take all due care but we cannot guarantee that there won't be traces of specific allergens in the food. this is due to the potential trace of allergens in the working environment & supplied ingredients.

#### **CORKAGE & CAKEAGE**

wednesday to friday - byo wine only, corkage \$7.5 each per person saturday & sunday - fully licensed, no byo

we do not allow any food from outside to be consumed within the premises without prior notice. for special occasions & celebrations we provide a dessert platter with sparklers. should you still decide to byo cakes, cakeage will be \$4 per person.

#### KITCHEN LAST ORDERS

we request that last orders are placed by 15 minutes before close on all the days.

